

PAS109: ISO 45001:2018 Awareness Training

E-learning Course Duration: 2 Hours

Website: www.Punyamacademy.com

Chapter - 1: CONTENTS OF ISO 45001:2018 AWARENESS TRAINING E-LEARNING COURSE

Sr. No.	The entire e-learning course has 4 main parts as below	Details
1.	Lectures	No. of slides
	1. Session – 1 : Overview of ISO 45001:2018	19
	2. Session – 2 : ISO 45001:2018 Requirements	14
	3. Session – 3 : Documents	12
	4. Session – 4 : Steps for Installation & Certification	07
	Total no. of slides (with Audio lectures) →	52
2.	Hand-outs (each session detail document is given in PDF and participant can download, print, or save it for future reference)	Approx. 40 Pages in PDF
3.	Session Exams at end of each session and Final Exam	Total 5 Exams
4.	ISO 45001 Awareness training certificate	Award certificate

Part – 1 Lectures:

Under this part total four sessions are given as Presentations with explanatory audio to understand the subject.

➤ **Session - 1 :**

In this session, participants will learn about an overview of ISO 45001:2018 standard. It covers total 19 slides on below topics:

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1. Overview of Session
2. ISO Facts
3. What is ISO 45001?
4. List of ISO 45001 Series Standards
5. What are the goals of ISO 45001?
6. Scope of ISO 45001:2018 Standard
7. Messages from ISO 45001:2018 Standard
8. Why Implement OH&S Management System?
9. Benefits of ISO 45001:2018
10. ISO 45001:2018 Standard – An Overview
11. Structure of ISO 45001:2018 Standard
12. Some Key Terms and Definitions used in ISO 45001
13. ISO 45001 - OH&S Management System must:
14. ISO 45001 Issues
15. Basic Causes of OH&S Hazards
16. Immediate Causes of OH&S Hazards
17. OH&S Integration
18. Peter Drucker Says...
19. End of Session – 1

➤ **Session - 2 :**

In this session, participants will learn about the requirements of ISO 45001:2018 in detail. It covers total 14 slides on below topics:

1. Overview of Session 2
2. High Level Structure (HLS) Of ISO 45001:2018
3. Clause 4.0 Context of the Organization
4. Clause 5.0 Leadership and Worker Participation
5. Clause 6.0 Planning
6. Clause 7.0 Support
7. Clause 8.0 Operation
8. Clause 9.0 Performance Evaluation
9. Clause 10.0 Improvement
10. What's new in ISO 45001?

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11. Main Changes in ISO 45001:2018
12. "Processes"
13. What needs to be communicated as per ISO 45001
14. Summarizing ISO 45001:2018 OH&S Structure

➤ **Session - 3 :**

In this session, participants will learn about ISO 45001:2018 documented information. It covers total 12 slides on below topics:

1. Overview of Session 3
2. What is Documented Information?
3. Flexibility in Documentation in ISO 45001:2018
4. ISO 45001:2018 OH&S System Documented Information
5. Documented Information Four -tier Document Structure
6. Tier: 1 OH&S Manual (Optional) Top Management's Handbook
7. Tier: 2 OH&S Procedures (Optional)
8. Tier: 3 OH&S System Documented Information (It is required to make a good system)
9. Tier : 4 OH&S System Documented Information (It is required to make a good system)
10. List Of Maintain Documented Information as per ISO 45001:2018
11. Summary of Retain Documented Information (Records to be maintained)
12. Control of Documented Information

➤ **Session - 4 :**

In this session, participants will learn steps of installation and certification of ISO 45001:2018. It covers total 7 slides on below topics:

1. Overview of Session 4
2. Requirements to establish ISO 45001:2018 OH&S Management System
3. Steps for installation of ISO 45001:2018 OH&S Management System
4. Steps for installation of ISO 45001:2018 OH&S Management System
5. List of some commonly found Nonconformities during Audit
6. Steps for ISO 45001:2018 OH&S Management System Certification
7. ISO 45001:2018 is not for those

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Part – 2 Hand-outs:

For each lecture, hand-out is given in PDF format. The participant can download or print any documents to read it later to get detailed knowledge of all the four topics.

Sr. No	Name of Literature	Total Pages
1	Overview of ISO 45001:2018 System	11
2	ISO 45001:2018 Standard Requirements	19
3	ISO 45001:2018 Documented Information	10
4	Steps for ISO 45001:2018 OH&S Installation And Certification	19

Part – 3 Exams:

Each session contains session exam, Participants have to pass the exam after completion of each session. After passing all session exams there is one final exam, participant must have to pass exam with minimum 80% marks. User can reappear and clears each exam to complete the course and get download/print their ISO 45001:2018 awareness training certificate.

Part – 4 Training Certificate:

After passing the exam the colorful training certificate is generated and user can download it or print it. Any one globally can cross verify the training certificate through our LMS platform.

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Chapter - 2: COURSE OBJECTIVES

Upon Completion of this course, participants will be able to:

- ✓ Get an overview of ISO 45001:2018 and its awareness also.
- ✓ Familiarize yourself with ISO 45001:2018 Occupational, Health & Safety Management System principles.
- ✓ Understand the Plan-Do-Check-Act Cycle of OH&S requirements.
- ✓ Familiarize yourself with the high level structure and framework of OH&S.
- ✓ Get overview of the ISO 45001:2018 requirements and sub-clauses.
- ✓ Understand, maintain and retain Documented Information list.
- ✓ Understand the requirements for establishing occupational, health & safety management system.
- ✓ Familiarize yourself with ISO 45001 registration process and steps for certification.

Chapter - 3: WHO SHOULD ATTEND THIS COURSE?

This course is developed and brought to you by Punyam Academy; an ISO/IEC 17024 accredited training provider company, which offers various e-learning as well as classroom training courses for working professionals, college students, and other individuals for enhancing their career to new heights. Our e-learning courses help them to succeed in today's competitive environment, to renew licenses, and to update, strengthen and add quality to their existing knowledge and skills. Our courses are also useful for those who want to get certification, or start a new profession.

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Chapter - 4: USER MANUAL

Compatibility and Requirements for smoothly running our course

1. **Bandwidth:** Internet bandwidth must be 1 MBPS or higher.
2. **Operating System:** Microsoft Windows XP and higher versions, iOS, Android.
3. **Browser:** Best viewable in Mozilla Firefox, Google Chrome. Also supports Internet Explorer.
4. **Screen Resolution:** To view slides properly, you must have a screen resolution of 1024 x 768 or higher.
5. **Cookies:** You must have browser cookies enabled, so that we can maintain your current session as you navigate through the application.
6. **JavaScript:** You must have enabled JavaScript, so that application runs smoothly.
7. **Adobe Acrobat Reader:** Some documents in our application are in .pdf format, so you must have installed adobe acrobat reader in your computer to be able to read such documents that you download.
8. **Pop-up Enable:** In your browser setting, check Pop-up blocker off, or enable Pop-up window.
9. **Speaker:** You must have speakers or a headphone attached to your computer, so that you can listen to the course lecture while learning.

Click  to Purchase this Course.

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Chapter - 5: ABOUT COMPANY

Punyam Academy is an ISO/IEC 17024 certified training provider company, which offers various **ISO Training Courses** and conducts webinars for online certification as well as classroom training. We are a leading name in E-learning, training and certification on ISO standards and all other types of management system standards. Punyam Academy specializes in a complete range of courses on awareness, auditor and lead auditor courses on ISO 9001, ISO 14001, ISO 45001, ISO 22000, ISO 27001, OHSAS 18001, ISO/IEC 17025, ISO/IEC 17020, ISO/IEC 17021, FSSC 22000, ISO 27001, ISO 50001, ISO 13485, ISO 20000, ISO/IEC 17024, ISO 17034, Sedex, ISO 22301, NABH, Certified Calibration Engineer and other management system training courses. We provide E-learning courses on all of these topics through effective, enjoyable and time-saving online training sessions and webinars. We have conducted more than 300 public training programs as well as online corporate training sessions in more than 45 countries.

How Our E-learning Course Works, [Click Here](#)

Visit Our Website for more E-learning Courses and PPT Packages:

<https://www.punyamacademy.com/eshop>

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